

## APPENDIX A. DIAGNOSTIC FEEDBACK SCRIPT

### BASIC STEPS:

1. Introduce your agenda of providing diagnostic feedback.
2. Verbally reflect the main symptoms they have reported.
3. Tell client the name for their disorder and provide information about it.
4. Assure client that we know a lot about treatment for the disorder.
5. Advise client to guard against misinformation regarding the diagnosis.
6. Answer any diagnostic questions that the client has.

### SCRIPT:

"1) Now that I have a sense of what has brought you here for treatment, I want to discuss your diagnosis. 2) You told me that recently you've been experiencing these symptoms \_\_\_\_ and that you've been feeling \_\_\_\_\_. These symptoms and feelings cluster together into a syndrome. 3) There's a name for the syndrome that you've described, and it's called \_\_\_\_\_. This syndrome typically consists of symptoms like \_\_\_\_\_. People with this disorder typically feel like \_\_\_\_\_ [use the DSM for support during step 3]. We know a lot about this syndrome, both scientifically and clinically. 4) We also know a lot about how to treat this disorder effectively.\* 5) There is a lot of information available about this disorder. However, I'd like to caution you that much of the information you will find about this disorder (online, from a friend, or in a bookstore) may be incorrect. However, at this clinic, we know a lot about your syndrome, and I will be happy to give you as much information as you desire and help you to find good sources of information about the disorder. 6) Do you have any questions about your diagnosis?"